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Patient Name:

Tel:

Email:

Diagnosis:

Patient Referred for

Physiotherapy

Orthopedic Physiotherapy
TMJ therapy

Pedorthic Assessment

Custom-made orthotics
Other

Dietitian Services

Gout
Metabolic Syndrome
Fatty Liver
Other

Occupational Therapy

Ergonomic Assessment
Posture Training
Sleep regulation/management
External pelvic health intervention
Mindfulness for chronic pain

Psychotherapy/Counselling

Anxiety
Depression
Other

Workshops

Markham Rheumatology Hub offers virtual workshops on Persistent Pain Self-Management. Please visit our website for more information.

Referring Physician:

Tel:

Signature:

Date:

CLEAR

PRINT

SAVE